

Vajrapani Kadampa Buddhist Centre - DECEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>NOTES WFJ: Wishfulfilling Jewel is our daily prayer practice (puja); <i>replaced by Heart Jewel puja (HJ) on certain days</i> * Quick Path & Dakini Yoga Pujas are for Highest Yoga Tantra practitioners only OSG is <i>Offering to the Spiritual Guide</i> puja Drop-in meditation classes are on Wed evening & Thu morning FP: Foundation programme is a systematic study programme; not for drop-in</p>					<p>1 Quick Path Puja* 9.00am - 10.30am FP 2.30pm - 4.30pm WFJ 8.30pm - 9.30pm</p>	<p>2 WFJ with Meditation 8.30am - 9.45am Dharma for Kids 10.00am - 11.15am</p>
<p>3 Dakini Yoga* 7.30am - 8.30am WFJ with Meditation 5.00pm - 6.15pm Powa Ceremony 8.30pm - 9.30pm</p>	<p>4 WFJ with Meditation 5.00pm - 6.15pm Dakini Yoga* 8.30pm - 9.30pm</p>	<p>5 WFJ with Meditation 5.00pm - 6.15pm Meditation & Modern Buddhism 8.30pm - 10.00pm</p>	<p>6 Learn to Meditate 11.00am - 12.00pm WFJ with Tsog 8.30pm - 9.45pm</p>	<p>7 Vajrasattva Retreat <u>Session times</u> 9.00am - 10.30am 11.30am - 1.00pm 2.30pm - 4.00pm 5.00pm - 6.30pm HJ 8.30pm - 9.00pm</p>	<p>8 Tara Day Vajrasattva Retreat <u>Session times</u> 9.00am - 10.30am 11.30am - 1.00pm 2.30pm - 4.00pm Liberation from Sorrow 5.00pm - 6.00pm HJ 8.30pm - 9.00pm</p>	<p>9 Vajrasattva Retreat <u>Session times</u> 9.00am - 10.30am 11.30am - 1.00pm 2.30pm - 4.00pm 5.00pm - 6.30pm HJ 8.30pm - 9.00pm</p>
<p>10 Tsog Day WFJ with Meditation 7.30am - 8.45am OSG 8.30pm - 10.30pm</p>	<p>11 WFJ with Meditation 5.00pm - 6.15pm Dakini Yoga* 8.30pm - 9.30pm</p>	<p>12 WFJ with Meditation 5.00pm - 6.15pm Meditation & Modern Buddhism 8.30pm - 10.00pm</p>	<p>13 Learn to Meditate 11.00am - 12.00pm WFJ with Meditation 5.00pm - 6.15pm</p>	<p>14 ASIAN FESTIVAL Centre Break</p>	<p>15 ASIAN FESTIVAL Centre Break</p>	<p>16 ASIAN FESTIVAL Centre Break</p>
<p>17 ASIAN FESTIVAL Centre Break</p>	<p>18 WFJ with Meditation 5.00pm - 6.15pm Dakini Yoga* 8.30pm - 9.30pm</p>	<p>19 WFJ with Meditation 5.00pm - 6.15pm Meditation & Modern Buddhism 8.30pm - 10.00pm</p>	<p>20 Learn to Meditate 11.00am - 12.00pm WFJ with Tsog 8.30pm - 9.45pm</p>	<p>21 WFJ with Meditation 5.00pm - 6.15pm</p>	<p>22 Quick Path Puja* 9.00am - 10.30am FP 2.30pm - 4.30pm WFJ 8.30pm - 9.30pm</p>	<p>23 WFJ with Meditation 8.30am - 9.45am Dharma for Kids 10.00am - 11.15am</p>
<p>24 Dakini Yoga* 7.30am - 8.30am WFJ with Meditation 5.00pm - 6.15pm</p>	<p>25 Tsog Day WFJ with Meditation 11.00am - 12.15pm OSG 3.00pm - 4.30pm</p>	<p>26 WFJ with Meditation 5.00pm - 6.15pm Meditation & Modern Buddhism 8.30pm - 10.00pm</p>	<p>27 Learn to Meditate 11.00am - 12.00pm WFJ with Tsog 8.30pm - 9.45pm</p>	<p>28 WFJ with Meditation 5.00pm - 6.15pm</p>	<p>29 Melodious Drum Puja 2.30pm - 6.00pm</p>	<p>30 WFJ with Meditation 8.30am - 9.45am Dharma for Kids 10.00am - 11.15am</p>
<p>31 New Year's Eve WFJ with Meditation 11.00am - 12.15pm TARA CHANTING Six sessions over 24 hr 1st 8.30pm - 10.00pm 2nd 11.00pm - 12.30am</p>	<p>1st Jan 2019 TARA CHANTING 3rd 3.30am - 5.00am 4th 7.30am - 9.00am 5th 11.00am - 12.30pm 6th 3.30pm - 5.00pm WFJ 8.30pm - 9.30pm</p>					