

Vajrapani Kadampa Buddhist Centre - JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 <i>New Year's Day</i> TARA CHANTING 3rd 3.30am - 5.00am 4th 7.30am - 9.00am 5th 11.00am-12.30pm 6th 3.30pm - 5.00pm WFJ 8.30pm - 9.30pm	2 WFJ with Meditation 5.00pm - 6.15pm Meditation & Modern Buddhism 8.30pm - 10.00pm	3 Learn to Meditate 11.00am - 12.00pm WFJ with Tsog 8.30pm - 9.45pm	4 WFJ with Meditation 5.00pm - 6.15pm	5 Quick Path Puja* 9.00am - 10.30am FP 2.30pm - 4.30pm WFJ 8.30pm - 9.30pm	6 WFJ with Meditation 9.00am - 10.15am Dharma for Kids 10.30am - 11.45am
7 Dakini Yoga Puja* 7.30am - 8.30am WFJ with Meditation 5.00pm - 6.15pm Powa Ceremony 8.30pm - 9.30pm	8 Tara Day WFJ with Meditation 5.00pm - 6.15pm Liberation from Sorrow Puja 8.30pm - 9.30pm	9 WFJ with Meditation 5.00pm - 6.15pm Meditation & Modern Buddhism 8.30pm - 10.00pm	10 Vajrayogini Day Learn to Meditate 11.00am - 12.00pm WFJ with Meditation 5.00pm - 6.15pm OSG 8.30pm - 10.30pm	11 WFJ with Meditation 5.00pm - 6.15pm	12 Quick Path Puja* 9.00am - 10.30am FP 2.30pm - 4.30pm WFJ 8.30pm - 9.30pm	13 WFJ with Meditation 9.00am - 10.15am Dharma for Kids 10.30am - 11.45am
14 Dakini Yoga Puja* 7.30am - 8.30am WFJ with Meditation 5.00pm - 6.15pm Medicine Buddha Prayer 8.30pm - 9.30pm	15 Precepts Day WFJ with Meditation 5.00pm - 6.15pm Dakini Yoga Puja* 8.30pm - 9.30pm	16 WFJ with Meditation 5.00pm - 6.15pm Meditation & Modern Buddhism 8.30pm - 10.00pm	17 Learn to Meditate 11.00am - 12.00pm WFJ with Tsog 8.30pm - 9.45pm	18 WFJ with Meditation 5.00pm - 6.15pm	19 Quick Path Puja* 9.00am - 10.30am FP 2.30pm - 4.30pm WFJ 8.30pm - 9.30pm	20 Vajrayogini Retreat
21 Dakini Yoga Puja* 7.30am - 8.30am WFJ with Meditation 5.00pm - 6.15pm Medicine Buddha Prayer 8.30pm - 9.30pm	22 WFJ with Meditation 5.00pm - 6.15pm Dakini Yoga Puja* 8.30pm - 9.30pm	23 WFJ with Meditation 5.00pm - 6.15pm Meditation & Modern Buddhism 8.30pm - 10.00pm	24 Learn to Meditate 11.00am - 12.00pm WFJ with Tsog 8.30pm - 9.45pm	25 Heruka Day WFJ with Meditation 5.00pm - 6.15pm OSG 8.30pm - 10.00pm	26 Quick Path Puja* 9.00am - 10.30am FP 2.30pm - 4.30pm WFJ 8.30pm - 9.30pm	27 Melodious Drum Puja 2.30pm - 6.00pm
28	29	30	31	NOTES * Quick Path & Dakini Yoga pujas are for HYT practitioners only WFJ : Wishfulfilling Jewel is our daily prayer practice (puja) OSG is Offering to the Spiritual Guide puja FP : Foundation programme is a systematic study programme Drop-in meditation classes are on Wed evening & Thu morning		
CENTRE BREAK Chinese New Year						