

Vajrapani Kadampa Buddhist Centre - NOVEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
NOTES * Quick Path & Dakini Yoga pujas are for HYT practitioners only WFJ : Wishfulfilling Jewel is our daily prayer practice (puja) Drop-in meditation classes are on Wed evening & Thu morning FP : Foundation programme is a systematic study programme - <i>not for drop-in</i>			1 Learn to Meditate 11.00am - 12.00pm WFJ with Tsog 8.30pm - 9.45pm	2 WFJ with Meditation 7.30am - 8.45am	3 <i>International Temples Day</i> Quick Path Puja* 9.00am - 10.30am FP 2.30pm - 4.30pm WFJ 5.15pm - 6.15pm	4 WFJ with Meditation 8.30am - 9.45am Dharma for Kids 10.00am - 11.15am
5 Dakini Yoga Puja* 7.30am - 8.30am WFJ with Meditation 5.00pm - 6.15pm Medicine Buddha Puja 8.30pm - 9.30pm	6 WFJ with Meditation 7.30am - 8.45am Dakini Yoga Puja* 8.30pm - 9.30pm	7 WFJ with Meditation 7.30am - 8.45am Meditation & Modern Buddhism 8.30pm - 10.00pm	8 Tara Day Learn to Meditate 11.00am - 12.00pm Liberation from Sorrow 5.00pm - 6.00pm WFJ with Tsog 8.30pm - 9.45pm	9 WFJ with Meditation 7.30am - 8.45am	10 Tsog Day OSG Puja 2.30pm - 4.30pm WFJ 5.15pm - 6.15pm	11 WFJ with Meditation 8.30am - 9.45am Dharma for Kids 10.00am - 11.15am
12 Dakini Yoga Puja* 7.30am - 8.30am WFJ with Meditation 5.00pm - 6.15pm POWA Ceremony 8.30pm - 9.30pm	13 WFJ with Meditation 7.30am - 8.45am Dakini Yoga Puja* 8.30pm - 9.30pm	14 WFJ with Meditation 7.30am - 8.45am Meditation & Modern Buddhism 8.30pm - 10.00pm	15 Precepts Day Learn to Meditate 11.00am - 12.00pm WFJ with Tsog 8.30pm - 9.45pm	16 WFJ with Meditation 7.30am - 8.45am	17 Quick Path Puja* 9.00am - 10.30am FP 2.30pm - 4.30pm WFJ 5.15pm - 6.15pm	18 WFJ with Meditation 8.30am - 9.45am Dharma for Kids 10.00am - 11.15am
19 Dakini Yoga Puja* 7.30am - 8.30am WFJ with Meditation 5.00pm - 6.15pm Medicine Buddha Puja 8.30pm - 9.30pm	20 WFJ with Meditation 7.30am - 8.45am Dakini Yoga Puja* 8.30pm - 9.30pm	21 WFJ with Meditation 7.30am - 8.45am Meditation & Modern Buddhism 8.30pm - 10.00pm	22 Learn to Meditate 11.00am - 12.00pm WFJ with Tsog 8.30pm - 9.45pm	23 WFJ with Meditation 7.30am - 8.45am	24 WFJ with Meditation 9.00am - 10.15am	25 Tsog Day Empowerment of Buddha Maitreya & Teachings 10.00am - 5.00pm OSG Puja 7.00pm - 8.30pm
26 Dakini Yoga Puja* 7.30am - 8.30am WFJ with Meditation 5.00pm - 6.15pm Medicine Buddha Puja 8.30pm - 9.30pm	27 WFJ with Meditation 7.30am - 8.45am Dakini Yoga Puja* 8.30pm - 9.30pm	28 WFJ with Meditation 7.30am - 8.45am Meditation & Modern Buddhism 8.30pm - 10.00pm	29 Protector Day Learn to Meditate 11.00am - 12.00pm Melodious Drum Puja 7.00pm - 10.30pm	30 WFJ with Meditation 7.30am - 8.45am		